

SkillingUp - Instructor-Led Training Human Skills in the Age of AI

Apply for a free, live virtual training program designed to help job seekers and persons with disabilities build the confidence, human skills, and AI knowledge needed to succeed in today's workforce.

Program Details

Dates: July 3 – August 27, 2026

Time: 2:00 PM - 3:30 PM EST

Location: Online - Join from anywhere in Canada on Tuesdays and Thursdays

Why Join?

- Build future-ready, in-demand skills
- Learn to leverage AI effectively
- Strengthen communication and critical thinking
- Join live, instructor-led sessions
- Learn in a small, supportive cohort

Eligibility

- Age 16+
- Living in Canada

Who Should Attend?

- Individuals looking to upskill for the modern workplace
- Those wanting to build confidence with AI tools
- Anyone aiming to strengthen core professional skill

To register, click [here](#).

If you have any questions, please contact Lisa Persaud, Program Manager –
lpersaud@marchofdimes.ca